

Celebrating 7th International Day of Yoga on 21st June 2021



**Lecture Program along with Demonstration
on
"Yoga as a Means of Stress Management"**

Organized by

**The Department of Philosophy
Government General Degree College, Manbazar – II
Susunia, PO – Kumari, Purulia– 723131**

In association with

Indian Council Of Philosophical Research, New Delhi

Platform: Google Meet and YouTube live

For Registration Click on the Link:

<https://forms.gle/vXzgPDWWMUTkvF1E7>

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Susunia, Purulia-723131, West Bengal

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Convener:

Mr. Aniruddha Chakraborty

Head & Assistant Professor,
Department of Philosophy,

Government General Degree College, Manbazar-II
Susunia, Purulia, West Bengal

Joint Convener:

Mr. Suvodeep Mukherjee

Assistant Professor,
Department of Philosophy,

Government General Degree College, Manbazar-II
Susunia, Purulia, West Bengal

Speaker

(Time: 4pm to 6pm)



Mr. Abhijit Sarkar

Assistant Professor
Department of Philosophy
SBS Government College
Hili, DaskhinDinajpur, West Bengal

☎ Feel free to communicate for more information:

hodphilggdcman2@gmail.com

msuvodeep01@gmail.com

**Whatsapp
8436106419/9434990331**

E-CERTIFICATE WILL BE PROVIDED